

Community Resources: Mental Health And Substance Use



Basic Resources

National Suicide Prevention Lifeline: 1-800-273-8255

National Suicide Prevention (Spanish): 1-888-628-9454

**Veteran's Crisis Hotline: 1-800-273-8255 & Press "1" OR text
838255**

Crisis Text Line: Text "HOME" to 741741

National Domestic Violence Hotline: 1-800-799-7233

National Sexual Assault Hotline: 1-800-656-4673

The Trevor Lifeline for LGBTQ Youth: 1-866-488-7386

The Trans Lifeline: 1-877-565-8860

National Helpline (referrals to services): 1-800-662-4357

**Path2Help-Find social services & resources in your
community: path2help.com**

**2-1-1: Also for community information by zip code, call or
website: 211.org**

Resources by Area

Hagerstown

- 1. Hagerstown Veterans' Clinic**
1101 Opal Ct., Suite 202, Hagerstown, MD 21740
1-800-817-3807
- 2. QCI Behavioral Health**
201 N. Burhans Boulevard, Hagerstown, MD 21740
301-791-2660, www.qcihealth.com
- 3. Potomac Case Management Services**
324 E. Antietam St., Suite 301
301-791-3087, www.pcmsinc.org
- 4. Mental Health Center of Western MD**
1180 Professional Court, Hagerstown, MD 21740
301-791-3045, www.thementalhealthcenter.net
- 5. Brook Lane**
13121 Brook Lane, 18714 North Village, Hagerstown, MD 21742
301-733-0330, www.brooklane.org
- 6. Family Healthcare of Hagerstown**
201 S. Cleveland Ave., Hagerstown, MD 21740
301-745-3777, www.familyhch.org
- 7. Outreach Recovery, Addiction and Mental Health Outpatient Clinic**
339 E Antietam St #4, Hagerstown, MD 21740
1-800-217-6407, www.outreachrecovery.com
- 8. Together Every1 Achieves More (TEAM)**
101 E. Franklin St., Hagerstown, MD 21740
410-645-8666, www.teamforall.org

- 9. Developmental Disabilities Administration (DDA)**
1360 Marshall St., Hagerstown, MD 21740
301-791-4670, www.maryland.gov

- 10. Division of Rehabilitation Services-Washington County (DORS)**
16 W. Washington St., Hagerstown, MD 21740
301-733-1209, www.dors.maryland.gov

- 11. Compassionate Wellness Center**
44 N. Potomac St., Suites 101 & 102, Hagerstown, MD 21740
240-513-6001, www.compassionatewc.com

- 12. Soul Haven Wellness & Recovery Center**
119 E. Antietam St., Hagerstown, MD 21740
301-733-6676, www.ocamd.org

- 13. Turning Point**
25 E. North Ave., Hagerstown, MD 21740
301-733-6063

- 14. Meritus Behavioral Health**
11116 Medical Campus Rd., Suite 2989, Hagerstown, MD 21742
301-766-7600, www.meritushealth.com

- 15. Valor Crisis and Training Center**
324 East Antietam St., Suite 204B, Hagerstown, MD 21740
240-329-9387, www.valorexcel.com

- 16. Wells House (men's substance use recovery)**
124 E. Baltimore St., Hagerstown, MD 21740
301-739-7748, www.wellshouse.org

- 17. Lasting Change (women's substance use recovery)**
519 N. Locust St., Hagerstown, MD 21740
301-791-7826, www.thewhouse.org

Martinsburg

- 1. Veterans' Health Administration**
510 Butler Ave., Martinsburg, WV 25405
1-800-817-3807, <https://www.va.gov/martinsburg-health-care/>
- 2. Shenandoah Community Health**
99 Tavern Rd., Martinsburg, WV 25401
304-263-4999, www.shencommhealth.com
- 3. East Ridge Health Systems**
235 S. Water St., Martinsburg, WV 25401
304-263-8954, www.eastridgehealthsystems.org
- 4. Mountaineer Mental Health**
55 Meridian Parkway, Martinsburg, WV 25404
304-901-2070
- 5. WVU Medical**
2500 Hospital Dr., Martinsburg, WV 25401
304-264-1000, <https://wvumedicine.org/berkeley/>
- 6. Callahan Counseling Services**
1020 Winchester Ave., Martinsburg, WV 25401
304-886-4118, <https://www.callahancounselingservices.com/>
- 7. Inner Awakening Counseling & Consultation, PLLC**
115 Aikens Center, Suite 14, Martinsburg, WV 25404
304-820-9365, <https://www.innerawakening.solutions/>

Cumberland

- 1) **Veterans' Health Administration**
200 Glenn St., Cumberland, MD 21502
1-800-817-3807

- 2) **ADAC**
217 Glenn St., Cumberland, MD 21502
301-729-0340, www.adachelp.org

- 3) **Allegany House**
12300 Old Willowbrook Rd., Cumberland, MD 21502
301-777-2497

- 4) **Archway Station, Inc.**
45 Queen St., Cumberland, MD 21502
301-777-1700, <https://archwaystation.net/>

- 5) **UPMC, Behavioral Health Services**
12500 Willowbrook Rd., Cumberland, MD 21502
240-964-8585

- 6) **Garrett County Lighthouse, Inc. (Compass House)**
418 Warwick Ave., Cumberland, MD 21502
240-321-5187, <https://www.garrettcountyighthouse.org/>

- 7) **Allegany Counseling & Consulting Services**
36 Greene St., Suite #101, Cumberland, MD 21502
301-724-1697

- 8) **Serenity Counseling**
118 Valley St., Cumberland, MD 21550
301-722-5500

- 9) **Maryland Wellness**
519 N. Mechanic St., Cumberland, MD 21502
301-777-9600, <https://mdwellness.org/>

10) Fort Recovery

418 N. Centre Street, Cumberland, MD 21502
301-777-3678

11) Allegany County Health Department

12501 Willowbrook Rd., Cumberland, MD 21502
301-759-5280, <https://health.maryland.gov/allegany/Pages/Home.aspx>

12) Villa Maria of Mountain Maryland

308 Virginia Ave., Cumberland, MD 21502
667-600-2110

13) AHEC West Healing Allegany

39 Baltimore Street, Suite 201, Cumberland, MD 21502
301-777-9150, <https://ahecwest.org/>

Winchester

- 1. Winchester Community Mental Health Center**
36 Ricketts Dr., Winchester, VA 22601
540-535-1112, <https://winchestercmhc.com/>
- 2. Northwestern Community Services**
158 Front Royal Pike, Suite 200, Winchester, VA 22602
540-667-8888, <http://www.nwcsb.com/>
- 3. The Laurel Center (specializes in domestic & sexual violence)**
540-667-6160, <https://thelaurelcenter.org/>
24-Hour Hotline: 540-667-6466
- 4. Grace Assessment & Therapy Services**
13 E. Clifford St., Winchester, VA 22601
540-773-3999, <https://www.gracewinchester.com/>
- 5. National Counseling Group**
817 Cedar Creek Grade, Suite 202, Winchester, VA 22601
540-450-2734, <https://www.ncgcommunity.com/winchester>
- 6. Sinclair Health Clinic**
301 N. Cameron St., Winchester, VA 22601
540-536-1680, <https://sinclairhealthclinic.org/>

Resources in Outlying Counties

Maryland

Garrett County

Garrett County Community Mental Health Center

Oakland: 1025 Memorial Dr. 21550, www.garretthealth.org

Mental Health: 301-334-7680, Substance Use: 301-334-7670

Pennsylvania

Fulton County

1) Family Behavioral Resources

110 A South First St., McConnellsburg, PA 17233

717-325-0223, www.familybehavioralresources.com

2) trueNorth Wellness Services

119 Lincoln Way West, McConnellsburg, PA 17233

717-485-3264, www.truenorthwellness.org

Franklin County

1) Family Behavioral Services

77 North Third St., Suite 201, Chambersburg, PA 17201

717-496-8127, www.familybehavioralresources.com

2) Roxbury

601 Roxbury Rd., Shippensburg, PA 17257

1-800-648-4673, www.roxburyhospital.com

3) Franklin Family Services

11368 Williamsport Pike, Suite 5, Greencastle, PA 17225

717-643-1114

Virginia

Page County

Northwestern Community Services

136 General Dr., Suite 300, Luray, VA, 22835
540-743-4558, www.nwcsb.com

Shenandoah County

Northwestern Community Services

494 N. Main St., Suite 300, Woodstock, VA 22664
540-459-5180, www.nwcsb.com

Warren County

Northwestern Community Services

209 West Criser Rd., Suite 100, Front Royal, VA 22630
540-636-2931, www.nwcsb.com

West Virginia

Grant County

Potomac Highlands Guild

7 Mountain View Street, Petersburg, WV 26847
304-257-1155, www.potomachighlandsguild.com

Hardy County

1) Mental Health Services of Moorefield

216 Maple Avenue, Moorefield, WV 26836
304-530-6748, www.mentalhealthmoorefield.com

2) Potomac Highlands Guild

79 Robert C. Byrd Industrial Park Rd., Moorefield, WV 26836
304-538-2302, www.potomachighlandsguild.com

Hampshire County

1) Mountaineer Mental Health (children & families)

285 West Birch Lane, Romney, WV 26757

304-359-2380, www.mmhvw.com

2) Potomac Highlands Guild

53 West Main St., Romney, WV 26757

304-822-3897, www.potomachighlandsguild.com

Jefferson County

Shenandoah Community Health-Behavioral Health

44 Trifecta Place, Suite 205, Charles Town, WV 25414

304-728-3716, www.shencommhealth.com

Mineral County

Potomac Highlands Guild

3334 New Creek Highway, New Creek, WV 26743

304-788-2241, www.potomachighlandsguild.com

Morgan County

Shenandoah Community Health, Behavioral Health

106 Sand Mine Rd., Berkeley Springs, WV 25411

304-263-7023, www.shencommhealth.com

There are more.....



OUTPATIENT MENTAL HEALTH SERVICES- Berkeley, Jefferson, and Morgan Counties

Provider	Clinic information	Participating Insurances
Apple Ridge Counseling Services 2914 Hedgesville Rd. Martinsburg, WV 25403 304-754-8495	Accepting new patients- 3-4 week wait Adult/Children/Teens <u>Specialties</u> -Marriage and family counseling, Parenting issues	BCBC PEIA/Healthsmart Cigna- Out of network
A Brighter Tomorrow 1586 Winchester Ave Martinsburg, WV 25405 304-267-0818	Not accepting new patients until April 2020 Children/Teens/Family <u>Specialties</u> -	
A Child of Royalty, Diana Ketterman 37 Horseback Trail Gerrardstown, WV 25420 540-247-5036 *Evening appointments available	Accepting new patients on limited basis Adult/Teen/Children 3yo and older <u>Specialties</u> - Grief Recovery specialist	Private Pay, only
Be Well Counseling 126 E. Burke Street Martinsburg, WV 25401 304-433-7212	Adult/Teens	
Callahan Counseling Services 1020 Winchester Ave Martinsburg, WV 25401 304-886-4118	Accepting new patient- No wait time Adult/Children/Teen <u>Specialties</u> -DUI program, substance abuse and mediated treatment, depression, anxiety, behavioral issues	Most major insurances: Unicare, The Health Plan BCBS, PEIA/Healthsmart Aetna, Tricare
Christian Psychology Services 55 Meridian Pkway Ste. 103 Martinsburg, WV 25404 304-260-8808	Accepting new patients- 1 week wait Adult/Children/Teen <u>Specialties</u> -grief, premarital, relationships	BCBS, PEIA/Healthsmart Will bill other payors for Out of Network benefits
Courageous Journey PLLC 1664 Winchester Ave Martinsburg, WV 25405 304-901-4347	Accepting new patients- 1-2 week wait Adult/Children/Teen <i>*Emergency/Crisis appointments available within 24hrs</i>	BCBS, Aetna, Unicare, Aetna Better Health, Tricare, WVChip, The Health Plan
Jane Dufourny, MA, LPC 138 Luther Lane Martinsburg, WV 25403 304-676-3737	Accepting new patients- appointments available within 1 week	PEIA/Healthsmart, BCBS, Cigna
East Ridge Health Systems 24hr Crisis Line- 855-807-1258	Accepting new patients- Therapy 6 month wait list Adult/Children/Teen/Group/Family	Medicare, Medicaid, Most private insurances
236 S. Water Street Martinsburg, WV 25401 304-263-8954	<u>Specialties</u> - mental health, mental retardation, substance abuse, medication management, alcohol and drug programs, crisis services	
89 Sugar Hollow Rd Berkeley Springs, WV 25411 304-258-2889		
340 Edmond Rd Kearneysville, WV 25430 304-725-7565	<i>*Walk in Psychiatry Clinic- Monday at 8am Martinsburg location</i>	
Eastern Panhandle Psychiatry 51 Street of Dreams Martinsburg, WV 25401 304-264-1442	Accepting new patients- 2 week wait Adult/Children 7+/Adolescents <u>Specialties</u> - mental health and substance abuse counseling, Psychiatric assessment and Medication management	Most Major insurances
Hospice of the Panhandle 330 Hospice Lane Kearneysville, WV 25430 304-264-3902	Grief Support- Individual, Support groups, Educational workshops	
James Gregory, LICSW 116 Washington Street Charles Town, WV 25414 304-728-8282	Children/Families <u>Specialties</u> : ADHD, Oppositional Defiant Children	Most major insurances

Inner Awakening Counseling 115 Aikens Ctr. Ste. 14 Martinsburg, WV 25404 304-820-9365	Accepting new patients- 1-2 wait time Adult/Teen	Medicaid and Medicaid MCO plans, Medicare, BCBS PEIA/Healthsmart
Sandy Kay, LPC, NCC 181 Sylvia Lane Berkeley Springs, WV 25411 304-258-4239	Accepting new patients- appointments available within 1 week Individuals/Couples/Families <u>Specialties:</u> Art oriented Child Therapy	Most major Insurances
Patti Miller, LPC, NCC, CCBT 1012 Winchester Ave #B Martinsburg, WV 25401 304-267-1012	Accepting new patients 1-2 week wait <u>Specialties:</u> Addiction therapy, Anxiety, Depression, Bipolar mood disorder	BCBS, PEIA/Healthsmart, Accorida
New Horizons Counseling Services 129 East German St. Shepherdstown, WV 25443 304-876-3878	Christian Counseling	Most private insurances
Novus Healthcare 307 Medical Court Martinsburg, WV 25401 681-260-6831	Accepting new patients- 4 month wait Psychiatric assessment and Medication management	Medicare, Medicaid, Most Private Insurances
Psychological Counseling Therapy PLLC 27 Polo Green Dr, STE B Martinsburg, WV 25401 304-901-4298	Accepting new patients- Appointments available within 1 week. <u>Specialties:</u> Substance abuse, anxiety, depression	BCBS, United Healthcare, WV Medicaid
Renovo Center 150 E. Burr Blvd, 1 st floor Kearneysville, WV 25430 681-252-1632	Accepting new patients- <u>Specialties:</u> substance abuse treatment, art therapy, anxiety, depression, PTSD, addiction	Unicare, BCBS, PEIA/Healthsmart
Shenandoah Women's Center 236 W. Martin Street Martinsburg, WV 25401 304-263-2855	Domestic Violence, Sexual Assault, Childhood Abuse, Human Trafficking, Stalking, Counseling, Support Groups, Advocacy, Emergency protective order preparation, Safety planning	
110 N. Lawrence St. Charles Town, WV 25414 304-725-7080		
131 Congress Street Berkeley Springs, WV 25411 304-258-1078	24/7 Hotline: 304-263-8292	
Simms Health 312 W. King Street Martinsburg, WV 25401 304-261-8456	Accepting new patients- 2 week wait Adult/Children 5+/Adolescents <u>Specialties:</u> DUI treatment programs, Mindfulness/Yoga/Wellness Classes, Trauma	Varies by therapist- participation included BCBS, Medicaid, major insurance providers
Tri-County Pastoral Counseling 220 W. Burke St Martinsburg, WV 25401 304-263-6205	Marriage/Family/Group counseling, premarital counseling, non-legal divorce mediation, sexual counseling	
Two Rivers Counseling LLC 107 W. Washington St Charles Town, WV 25414 304-725-7176		BCBS, PEIA/Healthsmart, will bill out of network benefits
WVU Medicine Behavioral Health and Psychiatry 2004 Professional Court Martinsburg, WV 25401 304-596-5780	Accepting new patients- 8 month wait Psychological assessments/ testing, Mental health counseling	Medicare, Medicaid Most major insurances
61 Campus Drive Martinsburg, WV		
205 E. Fifth Ave Ranson, WV		